

## Summer 2020 Lesson

Class: Cooking,

Teacher: Mrs. Stuart

Grade Band: 2<sup>nd</sup> -5<sup>th</sup>

Objective: To make Texas Two Step  
Coleslaw

Lesson: Texas Two Step Coleslaw

Tools needed:

Serving bowl, cutting board, knife,  
gloves, tossing spoons

### Ingredients:

#### Salad:

4 cups shredded green cabbage

1 cup shredded red cabbage (coleslaw  
mix already bagged)

¼ cup chopped red onion

1 jalapeño, seeded, finely chopped\* or  
hot sauce to taste

2 T chopped fresh cilantro

1 can (11 oz) whole kernel corn, red and  
green peppers, drained

1 cup shredded Cheddar cheese (4 oz)  
Fresh cilantro sprigs

#### Dressing

¾ C purchased ranch salad dressing

1 T fresh lime juice from one lime

1 t cumin

Process:

- 1) Finely chop onion, cilantro  
and jalapeño (\*Use gloves)
- 2) Cut lime in quarters
- 3) Open can of corn- frozen corn  
And fresh diced bell peppers can  
also be used.
- 4) Mix remaining ingredients
- 5) Toss well.

Vocabulary: Shredded, seeded