



## Summer 2020 Lesson

Class: Make Art with Meriel

Grade Band: 2-5

Teacher: Meriel Stern

Lesson: "Scrunchy Drawing"

Objective: Learn to use both "Chance" and "Choice" in this meditative drawing exercise.

Materials:  
Copy paper, black marker, colored pencils, markers or crayons

### Process:

1. Scrunch up a piece of copy paper into a tight ball
2. Open it up and smoothen it out flat
3. Using your black marker, trace the wrinkles to create a design of closed shapes.
4. Continue until you have an interesting arrangement or composition of shapes (You do not have to use all of the wrinkles!)
5. Using your colored pencils or pens, fill in the shapes with different colors, alternating the colors to create a pattern
6. Continue to fill the colors in, turning and looking at your drawing until it looks "finished."

### Variations:

Use only "warm" or "cool" color palettes, or choose dark, medium or light colors, or come up with some other limited palette.

Vocabulary: Chance and Choice, Composition, Pattern, Limited Palette.