



## Summer 2020 Lesson

Class: Making Art with Meriel

Grade Band: 2-5

Teacher: Meriel Stern

Lesson: "My Message Wrap Doll"

**Objective:** Using everyday materials to create a figurative sculpture with special meaning or messages.

**Materials:** 2 paper or cloth napkins, a cotton ball or small piece of stuffing or paper, 2 rubber bands or twist-ties, yarn or twine, 3x5 card, scissors, hole punch, and

### Process:

- 1-Start by putting the cotton ball in the center of one napkin, Gather up the napkin around the cotton, pinching it tightly. Secure with rubber band or twistee to make the head.
2. Separate the bottom part into two sections for the arms
3. Scrunch the other napkin up to make a "bow tie" shape.
4. Fold the bow shape in half into a "U" shape and secure with a rubber band. This is the body and legs.
5. Tie one end of a ball of yarn to the top of the "U" and holding it tightly up against the head/arms section, wrap the yarn around the shoulders, neck and arms several times in an "X" shape (across the chest) to secure both parts together.
6. Keep wrapping around and around the neck and shoulders and continue down one arm, leaving a small piece of napkin free to be the hand, then wrap back up the arm and crossover the body and repeat with the other arm.
7. Wrap around the waist several times, and then down each leg and back up, as you did with the arms. When you have wrapped all of the limbs, tie the yarn off at the waist and cut.
8. Dress or decorate your dolly with pieces of paper, fabric, and any found objects you may have While you are doing this, think about any messages you have for special people, a worry or problem that you may be thinking of now
9. Write your message or worry on the card, punch a hole and attach it to the doll.
- 10 Put your worry doll in a special place, or deliver it with your message to a loved one.

### Vocabulary:

Worry Doll, Wrap, Twist, Tie. Symbolic Object.